

An anti-panic bar includes a fixed part (3) having a lock controlling element (5), and a support bar (4) mounted pivoting on the fixed part (3) about a longitudinal axis, between an inactive position wherein the support bar (4) takes up a position spaced apart from the fixed part (3) and an active position wherein the support bar (4) takes up a position closer to the fixed part (3) and wherein the support bar (4) activates the lock controlling element (5). The support bar (4) is an extruded profile binged about the longitudinal axis through a pivot point (40).